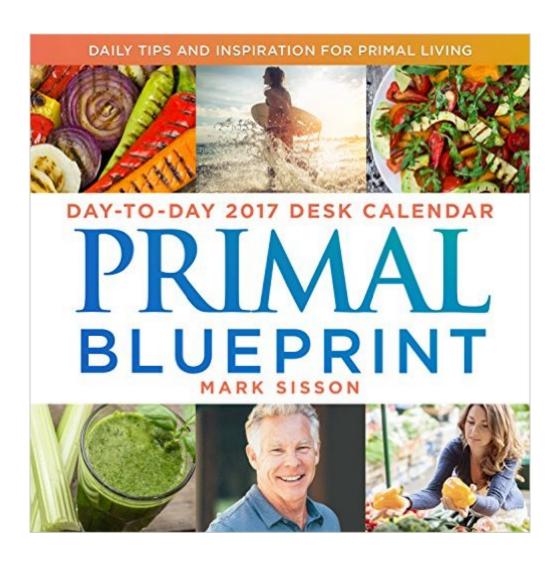
#### The book was found

# Primal Blueprint Day-to-Day 2017 Desk Calendar: Daily Tips And Inspiration For Primal Living





### Synopsis

The Primal Blueprint Day-to-Day 2017 Desk Calendar is a handy desktop calendar with daily messages about primal eating, exercising, and living. Peel a day off the pad and save your favorites, and enjoy a creative and informative new message each day of the year. Each month has a theme relating to one of the ten Primal Blueprint lifestyle laws and the ten Primal Connection laws, while each day of the week repeats with a theme of recipe, exercise, nature experience/connection, reflective journal exercise, and so on. This desktop calendar in the familiar 6-inch square format is a fabulous gift idea for your favorite primal enthusiast. It also serves as a great introduction to primal living by providing simple, bite-sized inspirations and practical tips to enjoy primal living one day at a time! (Carrie and Mark Sisson)

## **Book Information**

Calendar: 370 pages

Publisher: Primal Nutrition, Inc.; 2016 ed. edition (September 15, 2016)

Language: English

ISBN-10: 1939563259

ISBN-13: 978-1939563255

Product Dimensions: 6 x 1.5 x 6 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #250,094 in Books (See Top 100 in Books) #14 in Books > Calendars > Diet

& Health #182 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Paleo #2477

in Books > Health, Fitness & Dieting > Diets & Weight Loss > Other Diets

#### Download to continue reading...

Primal Blueprint Day-to-Day 2017 Desk Calendar: Daily Tips and Inspiration for Primal Living Primal Blueprint Quick and Easy Meals: Delicious, Primal-approved meals you can make in under 30 minutes (Primal Blueprint Series) The Primal Blueprint Cookbook: Primal, Low Carb, Paleo, Grain-Free, Dairy-Free and Gluten-Free (Primal Blueprint Series) REI Automation Blueprint The A-Z Blueprint To Automate Your Real Estate Business: REI Automation Blueprint The A-Z Blueprint To Automate Your Real ... Brittney Calloway of Top Notch Consulting Frugal Living: 55 Tips to Save Money! Enjoy Living on a Budget, Become Debt Free, and Have Complete Financial Independence (Frugal Living Books, frugal living for dummies, frugal living made simple) The Primal Blueprint 21-Day Total Body Transformation: A Step-by-Step, Gene Reprogramming Action Plan Far Side

Desk Calendar: 2003 (Desk Calendar) Primal Blueprint Healthy Sauces, Dressings and Toppings The Primal Blueprint: Reprogram Your Genes for Effortless Weight Loss, Vibrant Health, and Boundless Energy Spartan UP! 2017 Day-to-Day Calendar: 365 Tips, Recipes, and Workouts for Living Spartan Wildlife Calendar - Tiger Calendar - Lion Calendar - Elephant Calendar - Monkey Calendar - Calendars 2016 - 2017 Wall Calendars - Animal Calendar - African Wildlife 16 Month Wall Calendar by Avonside 2015 Physicians' Desk Reference, 69th Edition (Physicians' Desk Reference (Pdr)) The Oxford American Desk Thesaurus (Oxford Desk Reference Series) Game-Day Fan Fare: Over 240 recipes, plus tips and inspiration to make sure your game-day celebration is a home run! (Everyday Cookbook Collection) Lab Puppies Calendar - Yellow Labrador Retriever Puppies Calendar - Puppies Calendar - Dog Breed Calendars 2017 - Dog Calendar - Calendars 2016 - 2017 wall calendars - 16 Month Calendar by Avonside West Highland Terrier Puppies Calendar - Westie Puppies Calendar - Puppies Calendar - Dog Breed Calendars 2017 - Dog Calendar - Calendars 2016 - 2017 wall calendars - 16 Month Calendar by Avonside Poodle Calendar - Poodles Calendar - Standard Poodle Calendar - Dog Breed Calendars 2017 -Dog Calendar - Calendars 2016 - 2017 wall calendars - 16 Month Wall Calendar by Avonside The Daily Jumble 2017 Boxed/Daily Calendar The Daily Bitch 2017 Boxed/Daily Calendar Pope Francis: Daily Inspirations 2017 Boxed/Daily Calendar

<u>Dmca</u>